

# SPRING PROGRAMS O MAR 31 - JUNE 29

City Centre Community Centre 5900 Minoru Blvd #105, Richmond, BC V6X OL9 (604) 204-8588 | www.citycentrecc.ca



#### **SPRING 2025**

#### **HOW TO REGISTER**

There are three ways to register for programs and registered visits:

- www. richmond.ca/register
- 604-276-4300 Mon-Fri, 8:30am - 5:00pm
- In person at any parks, recreation, or cultural facility

# PROGRAM AREAS

PRESCHOOLERS	3
CHILDREN	6
YOUTH	11
ADULTS	12
55+	14
FACILITY PASSES	17
FITNESS	10

22

#### **FACILITY HOURS**

Mon-Sun, 6:00am - 11:00pm

Facility hours may change on holidays. Updated hours will be posted at the centre.

#### **CONTACT US**

604-204-8588 5900 Minoru Boulevard citycentre@richmond.ca

**FACILITY RENTALS** 

#### **PROGRAM LOCATIONS\***

**City Centre Community Centre** 5900 Minoru Boulevard

**Lang Centre** 8279 Saba Road

\*Locations are subject to change or cancellations

**Cook Elementary School** 8600 Cook Rd

**Anderson Elementary School** 9460 Alberta Road

**Diefenbaker Elementary School** 4511 Hermitage Drive



#### **FOLLOW US!**

©f@citycentrecc



www.citycentrecc.ca

#### **ARTS - VISUAL**

#### **CLAY HANDBUILDING**

4-6 yrs	Tues	Apr 1-May 20	03:30PM-4:30PM	\$70.40/8 Sess	#00386102
4-6 yrs	Sat	Apr 5-Jun 7	11:00AM-12:00PM	\$70.40/8 Sess	#00386099

#### DANCE

#### **BALLET**

3-5 yrs	Tues	Apr 01 - Jun 17	03:00PM - 03:45PM	\$79.20/12 Sess	#00389985
3-5 yrs	Thurs	Apr 03 - Jun 26	02:50PM - 03:35PM	\$79.20/13 Sess	#00390697

#### MINI HIP HOPPERS

3-5 yrs	Tues	Apr 01 - Jun 24	03:50PM - 04:35PM	\$85.80/13 Sess	#00390141
4-5 yrs	Thurs	Apr 03 - Jun 26	03:40PM - 04:25PM	\$85.80/13 Sess	#00390145

#### JAZZ AND HIP HOP

3-	5 yrs	Tues	Apr 01 - Jun 24	04:40PM - 05:25PM	\$85.80/13 Sess	#00390139
3-	5 yrs	Thurs	Apr 03 - Jun 26	04:30PM - 05:15PM	\$85.80/13 Sess	#00390140

#### **LANGUAGES**

#### **CANTONESE FUN**

4-5 y	/rs	Sat	Apr 05 - Jun 21	01:15PM - 02:15PM	\$88.00/10 Sess	#00390657
4-5 y	/rs	Sat	Apr 05 - Jun 21	02:30PM - 03:30PM	\$88.00/10 Sess	#00390532

#### **FRENCH FUN**

4-5 yr	Sat	Apr 05 - Jun 21	10:00AM - 11:00AM	\$88.00/10 Sess	#00389799
4-5 yr	Sat	Apr 05 - Jun 21	11:15AM - 12:15PM	\$88.00/10 Sess	#00389832

#### **MANDARIN FUN**

4-5 yrs	Sat	Apr 05 - Jun 21	09:00AM - 10:00AM	\$88.00/10 Sess	#00390511
4-5 yrs	Sat	Apr 05 - Jun 21	10:15AM - 11:15AM	\$88.00/10 Sess	#00390507
3-4 yrs	Sat	Apr 05 - Jun 21	11:30AM - 12:30PM	\$88.00/10 Sess	#00390508

#### **SPANISH FUN**

<u> </u>	•				
3-4 yrs	Wed	Apr 02 - Jun 25	04:15PM - 05:15PM	\$114.40/13 Sess	#00390147
3-4 yrs	Wed	Apr 02 - Jun 25	05:30PM - 06:30PM	\$114.40/13 Sess	#00390152

# CHALLENGER BASEBALL Children (Age 6-12)

Learn baseball skills in this fun introductory program to enhance connection, courage, independence, and physical activity. This indoor adaptive program is designed for children with physical and/or cognitive disabilities.

See page 8 for registration details.



#### PRESCHOOLERS 0-5 YRS

#### **MUSIC**

#### **MUSIC - PARENT AND TOT**

1-5 yrs	Wed	Apr 02 - Jun 18	10:00AM - 10:30AM	\$48.40/11 Sess	#00388745
1-5 yrs	Wed	Apr 02 - Jun 18	10:35AM - 11:05AM	\$48.40/11 Sess	#00388748
1-5 yrs	Wed	Apr 02 - Jun 18	11:10AM - 11:40AM	\$48.40/11 Sess	#00388749
1-5 yrs	Wed	Apr 02 - Jun 18	04:00PM - 04:30PM	\$48.40/11 Sess	#00388750
1-5 yrs	Wed	Apr 02 - Jun 18	04:35PM - 05:05PM	\$48.40/11 Sess	#00388751
1-5 yrs	Wed	Apr 02 - Jun 18	05:10PM - 05:40PM	\$48.40/11 Sess	#00388752
1-5 yrs	Wed	Apr 02 - Jun 18	05:45PM - 06:15PM	\$48.40/11 Sess	#00388754

#### **SPORTS**

#### **ACTIVE START - PARENT AND TOT**

2-4 yrs	Sun	Apr 06 - Jun 22	10:15AM - 10:45AM	\$32.80/10 Sess	#00386671
2-4 yrs	Sun	Apr 06 - Jun 22	11:00AM - 11:30AM	\$32.80/10 Sess	#00386673
2-4 yrs	Sun	Apr 06 - Jun 22	11:45AM - 12:15PM	\$32.80/10 Sess	#00386674

MULTI SPORT @Anderson School							
3-5 yrs	Sat	Apr 05 - Jun 07	09:15AM - 10:00AM	\$39.35/8 Sess	#00386599		
3-5 yrs	Sat	Apr 05 - Jun 07	10:15AM - 11:00AM	\$39.35/8 Sess	#00386600		
3-5 yrs	Sat	Apr 05 - Jun 07	11:15AM - 12:00PM	\$39.35/8 Sess	#00386602		

# The C.O.D.E. Initiative

NEW at City Centre: coding programs tailored for children who are autistic, neurodivergent, or have neurodevelopmental traits, as well as a new all-abilities program for those who may need additional support. Offered in partnership with the C.O.D.E Initiative Foundation.

For ages 7-13 yrs.

See page 7 for registration details.



#### PRESCHOOL PROGRAM

#### **CIRCLE OF FRIENDS (BORN 2020-21)**

M/W/F	9:00AM - 12:30PM	#00312935	\$309.40/Month	City Centre
T/TH	9:00AM - 12:30PM	#00312936	\$220.00/Month	City Centre
M/W/F	1:00PM - 4:00PM	#00312923	\$265.20/Month	Lang Centre
T/TH	1:00PM - 4:00PM	#00312926	\$188.70/Month	Lang Centre

As a part of the Child Care Free Reduction Initiative (CCFRI), the monthly
cost of Circle of Friends will be reduced. Monthly rates vary depending on
program days and, will be forwarded to families once successfully
registered.

#### **TIME FOR TWOS (BORN 2022)**

M/W/F	9:00 - 11:30AM	#00312916	\$337.50/Month	Lang Centre
T/TH	9:00 - 11:30AM	#00312918	\$240.15/Month	Lang Centre

- Affordable Childcare benefit is available through the Ministry of Children and Family Development for our licensed preschool programs.
- A \$50 non-refundable registration fee is required.
- Payment options include credit card OR 10 postdated cheques: Aug 1, 2024 May 1 2025

### Affordable Child Care Benefit Claim Form:





For more information or to register, contact: Kris Aquino, Preschool Coordinator City Centre: 604-204-8572 | Lang Centre: 604-204-8913 | kaquino@richmond.ca

# **CHILDREN** 6-12 YRS

### STOCK
6-12 yrs   Mon   Mar 31 - May 26   03:30PM - 04:45PM   \$77.00/7 Sess   #00386096   BUILD, SCULPT AND CREATE   7-12 yrs   Sun   Apr 06 - Jun 08   09:30AM - 10:45AM   \$88.00/8 Sess   #00386093   CLAY HANDBUILDING - CHILDREN   7-12 yrs   Tues   Apr 01 - May 20   04:45PM - 06:00PM   \$88.00/8 Sess   #00386106   7-12 yrs   Sat   Apr 05 - Jun 07   09:30AM - 10:45AM   \$88.00/8 Sess   #00386105   CREATIVE COLOURING - BEGINNER - CHILDREN   6-12 yrs   Thurs   Apr 03 - May 22   03:30PM - 04:45PM   \$88.00/8 Sess   #00386274   CROCHET 101 - BEGINNER - PRETEENS   8-12 yrs   Sat   Apr 05 - May 10   11:10AM - 12:10PM   \$44.00/5 Sess   #00389278
7-12 yrs         Sun         Apr 06 - Jun 08         09:30AM - 10:45AM         \$88.00/8 Sess         #00386093           CLAY HANDBUILDING - CHILDREN           7-12 yrs         Tues         Apr 01 - May 20         04:45PM - 06:00PM         \$88.00/8 Sess         #00386106           7-12 yrs         Sat         Apr 05 - Jun 07         09:30AM - 10:45AM         \$88.00/8 Sess         #00386105           CREATIVE COLOURING - BEGINNER - CHILDREN           6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
7-12 yrs         Sun         Apr 06 - Jun 08         09:30AM - 10:45AM         \$88.00/8 Sess         #00386093           CLAY HANDBUILDING - CHILDREN           7-12 yrs         Tues         Apr 01 - May 20         04:45PM - 06:00PM         \$88.00/8 Sess         #00386106           7-12 yrs         Sat         Apr 05 - Jun 07         09:30AM - 10:45AM         \$88.00/8 Sess         #00386105           CREATIVE COLOURING - BEGINNER - CHILDREN           6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
7-12 yrs         Tues         Apr 01 - May 20         04:45PM - 06:00PM         \$88.00/8 Sess         #00386106           7-12 yrs         Sat         Apr 05 - Jun 07         09:30AM - 10:45AM         \$88.00/8 Sess         #00386105           CREATIVE COLOURING - BEGINNER - CHILDREN           6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
7-12 yrs         Tues         Apr 01 - May 20         04:45PM - 06:00PM         \$88.00/8 Sess         #00386106           7-12 yrs         Sat         Apr 05 - Jun 07         09:30AM - 10:45AM         \$88.00/8 Sess         #00386105           CREATIVE COLOURING - BEGINNER - CHILDREN           6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
7-12 yrs Sat Apr 05 - Jun 07 09:30AM - 10:45AM \$88.00/8 Sess #00386105  CREATIVE COLOURING - BEGINNER - CHILDREN  6-12 yrs Thurs Apr 03 - May 22 03:30PM - 04:45PM \$88.00/8 Sess #00386274  CROCHET 101 - BEGINNER - PRETEENS  8-12 yrs Sat Apr 05 - May 10 11:10AM - 12:10PM \$44.00/5 Sess #00389278
6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
6-12 yrs         Thurs         Apr 03 - May 22         03:30PM - 04:45PM         \$88.00/8 Sess         #00386274           CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
CROCHET 101 - BEGINNER - PRETEENS           8-12 yrs         Sat         Apr 05 - May 10         11:10AM - 12:10PM         \$44.00/5 Sess         #00389278
8-12 yrs Sat Apr 05 - May 10 11:10AM - 12:10PM \$44.00/5 Sess #00389278
5 12 yrs Sut May 24 Sun 21 Million M 12.161 M \$44.66/5 Sess #66565565
JEWELLERY MAKING - PRETEENS
9-13 yrs Sat Apr 05 - May 10 12:15PM - 01:15PM \$44.00/5 Sess #00389324
9-13 yrs   Sat   May 24 - Jun 21   12:15PM - 01:15PM   \$44.00/5 Sess   #00389325
WATERCOLOUR PAINTING - FREESTYLE - PRETEENS
9-13 yrs   Fri   Apr 04 - May 30   05:00PM - 06:15PM   \$88.00/8 Sess   #00386281
WEAVE AND STITCH - CHILDREN
8-13 yrs Sun Apr 06 - Jun 08 11:00AM - 12:15PM \$88.00/8 Sess #00386098
WILDLIFE IN WATERCOLOUR PAINTING - CHILDREN
6-12 yrs Fri Apr 04 - May 30   03:30PM - 04:45PM   \$88.00/8 Sess   #00386280
YARN PAINTING
7-13 yrs   Mon   Mar 31 - May 26   05:00PM - 06:15PM   \$77.00/7 Sess   #00386053
ADTS DANCE
ARTS - DANCE
<b>BALLET</b> 5-8 yrs   Thurs   Apr 03 - Jun 26   05:20PM - 06:20PM   \$114.40/13 Sess   #00391063
HIP HOP
9-13 yrs   Sun   Apr 06 - May 11   02:00PM - 03:00PM   \$44.00/5 Sess   #00390607
9-13 yrs Sun May 25 - Jun 22 O2:00PM - O3:00PM \$44.00/5 Sess #00390611
K-POP DANCING
8-12 yrs Tues Apr 01 - May 13 04:15PM - 05:15PM \$61.60/7 Sess #00389269
9-13 yrs Sun Apr 6 - May 11 03:15PM - 04:15PM \$44.00/5 Sess #00396836
8-12 yrs Tues May 20 - Jun 24 04:15PM - 05:15PM \$52.80/6 Sess #00389271
9-13 yrs Sun May 25 - Jun 22 03:15PM - 04:15PM \$44.00/5 Sess #00396837

COMPUTERS. TECHNOLOGY AND S	OCIAL MEDIA	A.
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7-13 yrs   Tues   Apr 01 - May 06   06:00PM - 07:00PM   \$185.00/6 Sess   #0038
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#### THE C.O.D.E INITIATIVE - SCRATCH CODING FOR NEURODIVERGENT CHILDREN

7-13 yrs	Tues	Apr 01 - May 06	04:30PM - 05:30PM	\$185.00/6 Sess	#00387725
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#### **CODING CLUB**

6-8 yrs	Fri	Apr 04 - Jun 13	05:30PM - 06:30PM	\$119.00/10 Sess	#00386591
6-8 yrs	Fri	Apr 04 - Jun 13	06:45PM - 07:45PM	\$119.00/10 Sess	#00386594

#### **CODING CLUB - GIRLS ONLY**

6-8 vrs Fri	Apr 04 - Jun 13	04:15PM - 05:15PM	\$119.00/10 Sess	#00386589
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#### **CODING CLUB**

9-12 yrs	Sat	Apr 05 - May 10	11:00AM - 12:00PM	\$71.40/6 Sess	#00391453
9-12 yrs	Sun	Apr 06 - May 11	11:10AM - 12:10PM	\$59.50/5 Sess	#00390345
9-12 yrs	Sat	May 24 - Jun 21	11:00AM - 12:00PM	\$59.50/5 Sess	#00391454
9-12 yrs	Sun	May 25 - Jun 22	11:10AM - 12:10PM	\$59.50/5 Sess	#00390346

#### **GRAPHIC DESIGN - INTERMEDIATE**

9-12 yrs	Sat	Apr 05 - May 10	10:00AM - 11:00AM	\$44.00/5 Sess	#00391467
9-12 yrs	Sat	May 24 - Jun 21	10:00AM - 11:00AM	\$44.00/5 Sess	#00391469

#### **GRAPHIC DESIGN**

9-13 yrs	Sat	Apr 05 - May 10	12:20PM - 01:20PM	\$59.50/5 Sess	#00389321
9-13 yrs	Sat	May 24 - Jun 21	12:20PM - 01:20PM	\$59.50/5 Sess	#00389322

#### INTRO TO WEB DEVELOPMENT AND DESIGN - BEGINNER

9-12 yrs	Sun	Apr 06 - May 11	10:00AM - 11:00AM	\$59.50/5 Sess	#00390335
9-12 yrs	Sun	May 25 - Jun 22	10:00AM - 11:00AM	\$59.50/5 Sess	#00390336

#### **TOMORROWS PLAYGROUND - BRICK ANIMATION**

6-12 yrs Mon Apr 07 - May 0	5 04:00PM - 05:30PM	\$100.00/4 Sess	#00388743
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#### TOMORROWS PLAYGROUND - LEGO® WEDO ROBOTICS

#### NATURE AND SCIENCE

#### **ENGINEEDING THE FUTURE**

9-13 yrs	Mon	Apr 07 - May 12	04:15PM - 05:45PM	\$66.00/5 Sess	#00390355
9-13 yrs	Mon	May 26 - Jun 23	04:15PM - 05:45PM	\$66.00/5 Sess	#00390358

#### **GENERAL INTEREST**

#### SPEECH AND DEBATING - INTRODUCTION

9-12 vrs	Wed	Apr 09 - May 28	04:00PM - 05:00PM	\$70.40/8 Sess	#00389336
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#### CHILDREN 6-12 YRS

#### **MARTIAL ARTS**

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7-18 yrs	Tues	Apr 08 - May 13	07:00PM - 08:30PM	\$90.00/6 Sess	#00389228
7-18 yrs	Sat	Apr 12 - May 17	01:00PM - 02:30PM	\$90.00/6 Sess	#00389235
7-18 yrs	Tues	May 20 - Jun 24	07:00PM - 08:30PM	\$90.00/6 Sess	#00389392
7-18 yrs	Sat	May 24 - Jun 28	01:00PM - 02:30PM	\$90.00/6 Sess	#00389393

#### HIT AND RUN SELF DEFENSE KRAV - JITSU

5-8 yrs	Mon	Apr 07 - Jun 16	05:00PM - 05:45PM	\$108.00/9 Sess	#00389159
8-15 yrs	Mon	Apr 07 - Jun 16	06:00PM - 06:55PM	\$108.00/9 Sess	#00389187

#### **SPORTS**

BASKETBALL @Cook Scho					
9-12 yrs Mor	Apr 07 - Jun 16	04:15PM - 05:15PM	\$59.05/9 Sess	#00389331	

BASKETBALL -	FOR GIRLS		@Ander	son School
9-12 yrs Thurs	Apr 10 - Jun 12	04:30PM - 06:00PM	\$98.40/10 Sess	#00389333

CHALLENGERS BASEBALL-CHILDREN-(ADAPTED FOR DISABILITES)					DISABILITES) (	@Diefenbaker	
	6-12 yrs	Wed	Apr 09 - May 28	05:30PM - 06:30PM	\$52.50/8 Sess	#00386567	

SPORTBALL® - INDOOR SOCCER @Cook Sch					
6-8 yrs	Fri	Apr 04 - Jun 13	04:30PM - 05:30PM	\$180.00/10 Sess	#00386582
9-12 yr	s Fri	Apr 04 - Jun 13	05:45PM - 06:45PM	\$180.00/10 Sess	#00386585

VOLLEY	BALL -	<b>GIRLS ONLY</b>		@Ander	rson School
9-12 yrs	Sat	Apr 12 - Jun 14	03:00PM - 04:00PM	\$52.50/8 Sess	#00389306

VOLLEYBALL				@Ander	rson School	
9-12 vrs	Wed	Apr 09 - Jun 11	05:20PM - 06:20PM	\$65 60/10 Sess	#00389305	

9-12 yrs | Wed | Apr 09 - Jun 11 | 05:20PM - 06:20PM | \$65.60/10 Sess | #00389305

# STORYTELLING With Mekdes Gete

Learn, dance, and get inspired in this storytelling session with certified Montessori teacher and dedicated Early Childhood Educator (ECE) Mekdes Gete.

#### **FAMILY DAY 2025**

Monday, February 17 1:00PM - 2:30PM

City Centre Community Centre



#### **RACQUET SPORTS**

RACQUET SPORTS								
	NON -	BEGINNER			rson School			
6-9 yrs	Sun	Apr 06 - Jun 08	09:00AM - 10:00AM	\$52.50/8 Sess	#00386661			
6-9 yrs	Sun	Apr 06 - Jun 08	10:15AM - 11:15AM	\$52.50/8 Sess	#00386663			
BADMIN	BADMINTON - INTERMEDIATE @Anderson School							
6-12 yrs	Sun	Apr 06 - Jun 08	11:30AM - 12:30PM	\$52.50/8 Sess	#00386664			
TABLE 1	ΓENNIS	- BEGINNER						
6-8 yrs	Sat	Apr 05 - Jun 21	12:15PM - 01:15PM	\$121.80/10 Sess	#00386608			
6-8 yrs	Sun	Apr 06 - Jun 22	12:15PM - 01:15PM	\$121.80/10 Sess	#00386668			
TABLE 1	ΓENNIS	- BEGINNER						
9-12 yrs	Sat	Apr 05 - Jun 21	01:45PM - 02:45PM	\$121.80/10 Sess	#00386611			
9-12 yrs	Sun	Apr 06 - Jun 22	01:45PM - 02:45PM	\$121.80/10 Sess	#00386669			
MUSIC								
MUSICA	L EXPR		AR OR UKULELE - PR		S-ALL AGES			
5+ yrs	Tues	Apr 01 - Jun 24	03:30PM - 04:00PM	\$422.50/13 Sess	#00389738			
5+ yrs	Tues	Apr 01 - Jun 24	04:00PM - 04:30PM	\$422.50/13 Sess	#00389739			
5+ yrs	Tues	Apr 01 - Jun 24	04:30PM - 05:00PM	\$422.50/13 Sess	#00389740			
5+ yrs	Tues	Apr 01 - Jun 24	05:00PM - 05:30PM	\$422.50/13 Sess	#00389741			
5+ yrs	Tues	Apr 01 - Jun 24	05:30PM - 06:00PM	\$422.50/13 Sess	#00389742			
5+ yrs	Tues	Apr 01 - Jun 24	06:00PM - 06:30PM	\$422.50/13 Sess	#00389743			
5+ yrs	Tues	Apr 01 - Jun 24	06:30PM - 07:00PM	\$422.50/13 Sess	#00389744			
5+ yrs	Tues	Apr 01 - Jun 24	07:00PM - 07:30PM	\$422.50/13 Sess	#00389745			
5+ yrs	Tues	Apr 01 - Jun 24	07:30PM - 08:00PM	\$422.50/13 Sess	#00389746			
5+ yrs	Tues	Apr 01 - Jun 24	08:00PM - 08:30PM	\$422.50/13 Sess	#00389747			
5+ yrs	Tues	Apr 01 - Jun 24	08:30PM - 09:00PM	\$422.50/13 Sess	#00389748			
5+ yrs	Wed	Apr 02 - Jun 25	03:30PM - 04:00PM	\$422.50/13 Sess	#00389749			
5+ yrs	Wed	Apr 02 - Jun 25	04:00PM - 04:30PM	\$422.50/13 Sess	#00389750			
5+ yrs	Wed	Apr 02 - Jun 25	04:30PM - 05:00PM	\$422.50/13 Sess	#00389751			
5+ yrs	Wed	Apr 02 - Jun 25	05:00PM - 05:30PM	\$422.50/13 Sess	#00389752			
5+ yrs	Wed	Apr 02 - Jun 25	05:30PM - 06:00PM	\$422.50/13 Sess	#00389753			
5+ yrs	Wed	Apr 02 - Jun 25	06:00PM - 06:30PM	\$422.50/13 Sess	#00389754			
MUSICA	L EXPI	RESSIONS - GUI	TAR OR UKULELE -	SEMI - PRIVAT	E LESSONS			
8-10 yrs		Apr 02 - Jun 25		\$455.00/13 Sess				
8-10 yrs		Apr 02 - Jun 25	07:15PM - 08:00PM	\$455.00/13 Sess				

# **CHILDREN** 6-12 YRS

#### **MUSIC (CONTINUED)**

#### **MUSICAL EXPRESSIONS - PIANO PRIVATE LESSONS - ALL AGES**

5-54 yrs	Thurs	Apr 03 - Jun 26	03:30PM - 04:00PM	\$422.50/13 Sess	#00389760
5-54 yrs	Thurs	Apr 03 - Jun 26	04:00PM - 04:30PM	\$422.50/13 Sess	#00389761
5-54 yrs	Thurs	Apr 03 - Jun 26	04:30PM - 05:00PM	\$422.50/13 Sess	#00389762
5-54 yrs	Thurs	Apr 03 - Jun 26	05:00PM - 05:30PM	\$422.50/13 Sess	#00389763
5-54 yrs	Thurs	Apr 03 - Jun 26	05:30PM - 06:00PM	\$422.50/13 Sess	#00389764
5-54 yrs	Thurs	Apr 03 - Jun 26	06:00PM - 06:30PM	\$422.50/13 Sess	#00389765
5-54 yrs	Thurs	Apr 03 - Jun 26	06:30PM - 07:00PM	\$422.50/13 Sess	#00389766
5-54 yrs	Thurs	Apr 03 - Jun 26	07:00PM - 07:30PM	\$422.50/13 Sess	#00389767
5-54 yrs	Sat	Apr 05 - Jun 21	10:00AM - 10:30AM	\$325.00/10 Sess	#00389769
5-54 yrs	Sat	Apr 05 - Jun 21	10:30AM - 11:00AM	\$325.00/10 Sess	#00389768
5-54 yrs	Sat	Apr 05 - Jun 21	11:00AM - 11:30AM	\$325.00/10 Sess	#00389774
5-54 yrs	Sat	Apr 05 - Jun 21	11:30AM - 12:00PM	\$325.00/10 Sess	#00389775
5-54 yrs	Sat	Apr 05 - Jun 21	12:00PM - 12:30PM	\$325.00/10 Sess	#00389776
5-54 yrs	Sat	Apr 05 - Jun 21	12:30PM - 01:00PM	\$325.00/10 Sess	#00389777
5-54 yrs	Sat	Apr 05 - Jun 21	01:00PM - 01:30PM	\$325.00/10 Sess	#00389778
5-54 yrs	Sat	Apr 05 - Jun 21	01:30PM - 02:00PM	\$325.00/10 Sess	#00389779
5-54 yrs	Sat	Apr 05 - Jun 21	02:00PM - 02:30PM	\$325.00/10 Sess	#00389780

#### **ARTS - PERFORMING**

#### **MUSICAL THEATRE**

6-8 yrs	Tues	Apr 01 - May 13	03:30PM - 04:30PM	\$52.80/6 Sess	#00390724
6-8 yrs	Tues	May 20 - Jun 24	03:30PM - 04:30PM	\$52.80/6 Sess	#00391046

#### **MUSICAL THEATRE**

9-12 yrs	Tues	Apr 01 - May 13	04:30PM - 05:30PM	\$52.80/6 Sess	#00391141
9-12 yrs	Tues	May 20 - Jun 24	04:30PM - 05:30PM	\$52.80/6 Sess	#00391142

#### COOKING

#### **COOKING BASICS**

9-13 yrs	Sat	Apr 05 - May 10	09:15AM - 11:15AM	\$157.40/5 Sess	#00390316
9-13 yrs	Sun	Apr 06 - May 11	09:30AM - 11:30AM	\$157.40/5 Sess	#00390329
9-13 yrs	Sat	May 24 - Jun 21	09:15AM - 11:15AM	\$157.40/5 Sess	#00390319
9-13 yrs	Sun	May 25 - Jun 22	09:30AM - 11:30AM	\$157.40/5 Sess	#00390332

#### **BAKING TREATS AND SWEETS**

9-12 yrs	Sat	Apr 05 - May 10	02:30PM - 04:00PM	\$118.05/5 Sess	#00390313
9-12 yrs	Sat	May 24 - Jun 21	02:30PM - 04:00PM	\$118.05/5 Sess	#00390314

#### **Dance**

#### **K-POP DANCING**

10-16 yrs	Tues	Apr 1 - May 13	05:20PM - 06:20PM	\$61.60/7 Sess	#00389272
10-16 yrs	Tues	May 20 - Jun 24	05:20PM - 06:20PM	\$52.80/6 Sess	#00389273

#### **Arts**

#### **CROCHET FASHION**

<u> </u>						
	12-15 yrs	Sat	Apr 5 - May 10	11:00AM - 12:00PM	\$44.00/5 Sess	#00390591
	12-15 yrs	Sat	May 24 - Jun 21	11:00AM - 12:00PM	\$44.00/5 Sess	#00390593

#### **Technology**

#### CODING CLUB

13-18 yrs	Sun	Apr 6 - May 11	12:20PM - 01:20PM	\$59.50/5 Sess	#00390352		
13-18 yrs	Sun	May 25 - Jun 22	12:15PM - 01:15PM	\$59.50/5 Sess	#00390349		

#### **GRAPHIC DESIGN**

10-16 yrs	Sat	Apr 5 - May 10	01:30PM - 02:30PM	\$59.50/5 Sess	#00389326	
10-16 yrs	Sat	May 24 - Jun 21	01:30PM - 02:30PM	\$59.50/5 Sess	#00389327	

#### Cooking

#### **COOKING BASICS**

13-18 yrs	Sat	Apr 5 - May 10	11:45AM - 01:45PM	\$157.40/5 Sess	#00390581
13-18 yrs	Sat	May 24 - Jun 21	11:45AM - 01:45PM	\$157.40/5 Sess	#00390584

#### **Racquet Sports**

#### **BADMINTON - BEGINNER**

13-17 yrs	Sun	Apr 6 - Jun 8	12:45PM - 01:45PM	\$52.50/8 Sess	#00386665

#### **TABLE TENNIS**

13-17 yrs	Sat	Apr 5 - Jun 21	03:00PM - 04:00PM	\$121.80/10 Sess	#00386613
13-17 yrs	Sun	Apr 6 - Jun 22	03:00PM - 04:00PM	\$121.80/10 Sess	#00386670

#### **Sports**

#### **BASKETBALL**

11-16 yrs	Mon Apr 7 - Jun 16	05:20PM - 06:20PM	\$59.05/9 Sess	#00389329
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#### **VOLLEYBALL**

<u> </u>							
10-16 yrs	Sat	Apr 12 - Jun 14	04:15PM - 05:15PM	\$52.50/8 Sess	#00389311		

#### **ARTS**

ARTS					
WATER	COLOL	JR PAINTING - F	REESTYLE		
18+ yrs	Thurs	Apr 3 - May 22	05:00PM - 06:15PM	\$88.00/8 Sess	#00390933
HEALT	H & W	ELLNESS			
	_		SHING TABLET W		
19+ yrs	Fri	May 2	10:30AM - 12:00PM	\$9.80/1 Sess	#00389423
D.I.Y E	SSENT	TAL MASSAGE	OIL WORKSHOP		
19+ yrs	Fri	Apr 4	10:30AM - 12:00PM	\$9.80/1 Sess	#00389523
D.I.Y E	SSENT	TAL OIL BUG SP	PRAY WORKSHOP		
19+ yrs	Fri	Jun 6	10:30AM - 11:30AM	\$6.55/1 Sess	#00390753
FITNES	S				
EXPRES	SS FIT				
16+ yrs	Thurs	Apr 10 - May 15	05:30PM - 06:15PM	\$53.05/6 Sess	#00391095
16+ yrs	Thurs	May 22 - Jun 26	05:30PM - 06:15PM	\$53.05/6 Sess	#00391099
IYENGA	R® YO	GA			
16+ yrs	Sun	May 4 - Jun 22	09:00AM - 10:30AM	\$121.35/8 Sess	#00392725
PILATES	S AND	YOGA COMBINA	ATION		
16+ yrs	Mon	Apr 7 - Jun 23	06:15PM - 07:15PM	\$101.10/10 Sess	#00389368
PILATES	S-BARF	RE FUSION			
16+ yrs	Tues	Apr 8 - May 13	05:45PM - 06:45PM	\$60.65/6 Sess	#00389247
16+ yrs	Tues	May 20 - Jun 24	05:45PM - 06:45PM	\$60.65/6 Sess	#00389266
SUSPEN	NSION T	TRAINING WITH	I TRX®		
16+ yrs	Thurs	Apr 10 - May 15	05:30PM - 06:30PM	\$82.00/6 Sess	#00391115
16+ yrs	Thurs	Apr 10 - May 15	06:45PM - 07:45PM	\$82.00/6 Sess	#00391119
16+ yrs	Thurs	May 22 - Jun 26	05:30PM - 06:30PM	\$82.00/6 Sess	#00391122
16+ yrs	Thurs	May 22 - Jun 26	06:45PM - 07:45PM	\$82.00/6 Sess	#00391123
YOGA S	ERIES	- BALANCE WO	RKSHOP		
16+ yrs	Sun	Apr 13	09:00AM - 10:30AM	\$15.15/1 Sess	#00392730
YOGA S	ERIES	- NECK AND SH	OULDERS WORKS	НОР	
16+ yrs	Sun	Apr 6	09:00AM - 10:30AM	\$15.15/1 Sess	#00391885
YOGA4	STIFF P	PEOPLE <sup>TM</sup>			
18+ yrs	Wed	Apr 2 - May 14	07:45PM - 08:45PM	\$102.90/7 Sess	#00391915
18+ yrs	Wed	May 21 - Jun 25	07:45PM - 08:45PM	\$88.20/6 Sess	#00391922

#### **FITNESS (CONTINUED)**

<b>ZUMBA</b>	®
10	C

16+ yrs         Sun         Apr 6 - Jun 22         10:45AM - 11:45AM         \$88.40/10 Sess         #00389390
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#### **7IIMBA® - ONLINE**

ZUITIDA	EOMBA® ONLINE						
16+ yrs	Tues	Apr 8 - May 13	07:15PM - 08:15PM	\$38.15/6 Sess	#00389496		
16+ yrs	Tues	May 20 - Jun 24	07:15PM - 08:15PM	\$38.15/6 Sess	#00389510		

#### **MARTIAL ARTS**

#### HIT AND RUN SELF DEFENSE - KRAV-JITSU

15+ yrs	Mon	Apr 7 - Jun 16	07:00PM - 08:00PM	\$135.00/9 Sess	#00389208
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#### **KARATE - GOJU-RYU - ADULTS**

	19+ yrs	Tues	Apr 8 - May 13	07:00PM - 08:30PM	\$96.00/6 Sess	#00389396
	19+ yrs	Tues	May 20 - Jun 24	07:00PM - 08:30PM	\$96.00/6 Sess	#00389398
Ī	19+ yrs	Sat	May 24 - Jun 28	01:00PM - 02:30PM	\$96.00/6 Sess	#00389402

#### **RACQUET SPORTS**

BADMINTON					@Cook		
	18+ v/rc	Tuos	Apr 1 - Jun 10	07.15DM - 09.00DM	\$72 15/11 Secs	#00386550	

10+ yrs	rues	April-Junio	07:15PM - 09:00PM	\$72.15/11 Sess	#00366339	
RADMIN	JTON				<b>@∆nderson</b>	

18+ yrs	Wed	Apr 2 - Jun 11	07:15PM - 09:00PM	\$72.15/11 Sess	#00386577	

#### TARI F TENNIS

18+ yrs	Sat	Apr 5 - Jun 21	10:30AM - 12:00PM	\$182.80/10 Sess	#00386607
18+ yrs	Sun	Apr 6 - Jun 22	10:30AM - 12:00PM	\$182.80/10 Sess	#00386667

#### **SPORTS**

#### **VOLLEYBALL** @Cook

#### #00386573 18+ yrs Wed Apr 2 - Jun 11 07:15PM - 09:00PM \$72.15/11 Sess

#### Walk-In Pay And Play:

- Reservations are accepted on first-come, first-served basis.
- Reservations can be made up to 1 hour prior to the requested time.
- Reservations can be made in-person or by calling the front desk.
- Payment is due at the time of reservation.
- Participants are encouraged to bring their own equipment.
- City Centre equipment is available upon request.

#### **Registered Visits:**

- Registration opens one week prior to the start date.
- Available on Saturday and Sundays
- 5:00pm, 6:00pm, 7:00pm, 8:00pm and 9:00pm.
- 3 Ways To Register: richmond.ca/register | Phone: 604-276-4300 In-person at any community facility.



#### OLDER ADULTS 55+ YRS

Martial	Martial Arts					
HEALTH	I QIGONG - MA \	WANG DUI DAO YIN	SHU			
Wed	Apr 9 - Jun 18	09:15AM - 10:15AM	\$71.30/11 Sess	#00390170		
HEALTH	QIGONG - TAI	CHI STICK				
Fri	Apr 11 - Jun 20	10:00AM - 11:00AM	\$71.30/11 Sess	#00390213		
TAI CHI	- ADVANCED					
Wed	Apr 9 - Jun 18	10:30AM - 11:30AM	\$71.30/11 Sess	#00387735		
TAI CHI	- BEGINNER					
Wed	Apr 9 - Jun 18	11:45AM - 12:45PM	\$71.30/11 Sess	#00387738		
TAI CHI	- FAN - BEGINN	ER				
Mon	Apr 14 - Jun 16	12:45PM - 01:45PM	\$58.30/9 Sess	#00387737		
TAI CHI	- FAN - BEGINN	ER - TRY-IT				
Mon	Apr 7	12:45PM - 01:45PM	Free	#00389243		
TAI CHI	- FAN - INTERM	EDIATE				
Mon	Apr 7 - Jun 16	11:45AM - 12:45PM	\$64.80/10 Sess	#00387736		
TALCHI	- INTERMEDIAT	'F		L		
Mon	Apr 7 - Jun 16	10:45AM - 11:45AM	\$64.80/10 Sess	#00387734		
TALCHI	- SWORD - BEG	INNED	, ,			
Fri	Apr 11 - Jun 20	08:50AM - 09:50AM	\$71.30/11 Sess	#00387740		
TALCHI	- SWODD - VAN	G STYLE - INTERMEI	NATE			
Fri	Apr 11 - Jun 20	11:15AM - 12:15PM	\$71.30/11 Sess	#00387743		
Out Tri			,,			
Out Tri	•	CTIVAL TRIB				
Sat	SFORD TULIP FE	10:15AM - 04:15PM	\$40.00/1 Sess	#00386937		
	Apr 12	10:15AM - 04:15PM	\$40.00/1 Sess	#00366937		
	THE PARK	10 / 5 4 14 . 02 / 5 5 14	#/2.00 # C	#00705070		
Thu	May 29	10:45AM - 02:45PM	\$42.00/1 Sess	#00386938		
		SONGBOOK TRIP	фСГ 00 /I Cara	#00700070		
Fri	Jun 13	07:15PM - 10:30PM	\$65.00/1 Sess	#00386939		
	et Sports					
PICKLE	BALL - NON-INS					
Sun	Apr 6 - Jun 8	02:00PM - 03:45PM	\$52.50/8 Sess	#00386666		
DANCE						
JAZZ DA				I		
Wed	Apr 2 - Apr 30	03:15PM - 04:15PM	\$32.65/5 Sess	#00391009		
LINE DA						
Wed	Apr 2 - Apr 30	02:00PM - 03:00PM	\$32.65/5 Sess	#00391002		

#### **HEALTH & WELLNESS**

CHRONIC CONDITION SELF-MANAGEMENT PROGRAM	(MANDARIN)
	(···· ,

Wed	Apr 16 - May 21	09:30AM - 12:00PM	Free/1 Sess	#00391852
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#### D.I.Y. - ECO-FRIENDLY DISHWASHING TABLET WORKSHOP

#### **D.I.Y. - ESSENTIAL MASSAGE OIL WORKSHOP**

Fri	Apr 4	10:30AM - 12:00PM	\$9.80/1 Sess	#00389503
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#### **D.I.Y. - ESSENTIAL OIL BUG SPRAY WORKSHOP**

Fri	Jun 6	10:30AM - 11:30AM	\$6.55/1 Sess	#00390218
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#### HOLISTIC HEALTH SERIES - MUSCLE HEALTH IS BRAIN HEALTH WORKSHOP

Mon May 5 10:30AM - 12:00PM	Free/1 Sess #00389617
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#### **KIDNEY HEALTH. CARE AND RESOURCES**

Tue	Apr 8	10:00AM - 12:00PM	Free/1 Sess	#00391241
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#### **ONLINE HEALTH & WELLNESS**

#### **KIDNEY HEALTH. CARE AND RESOURCES - ONLINE**

Tue	Apr 8	10:00AM - 12:00PM	Free/1 Sess	#00391243
	, , , , , ,	10.00, 12.00	1.00/.000	

#### **MUSIC**

#### PRIVATE SINGING LESSONS (MANDARIN)

Fri	Apr 11 - May 16	01:00PM - 02:00PM	\$32.65/5 Sess	#00390623
Fri	Apr 11 - May 16	02:15PM - 03:15PM	\$32.65/5 Sess	#00390629
Wed	Apr 16 - May 14	01:00PM - 02:00PM	\$32.65/5 Sess	#00390609
Wed	Apr 16 - May 14	02:15PM - 03:15PM	\$32.65/5 Sess	#00390612
Wed	May 21 - Jun 18	01:00PM - 02:00PM	\$32.65/5 Sess	#00390637
Wed	May 21 - Jun 18	02:15PM - 03:15PM	\$32.65/5 Sess	#00390638
Fri	May 23 - Jun 20	01:00PM - 02:00PM	\$32.65/5 Sess	#00390639
Fri	May 23 - Jun 20	02:15PM - 03:15PM	\$32.65/5 Sess	#00390640

#### **INTRODUCTION TO PIANO - INTERGENERATIONAL**

Mon	Apr 7 - Jun 16	04:30PM - 05:15PM	\$71.50/10 Sess	#00390248
Mon	Apr 7 - Jun 16	04:30PM - 05:15PM	\$71.50/10 Sess	#00390243
Mon	Apr 7 - Jun 16	05:30PM - 06:15PM	\$71.50/10 Sess	#00390249
Mon	Apr 7 - Jun 16	05:30PM - 06:15PM	\$71.50/10 Sess	#00390246
Wed	Apr 9 - Jun 18	04:15PM - 05:00PM	\$78.65/11 Sess	#00390251
Wed	Apr 9 - Jun 18	04:30PM - 05:15PM	\$78.65/11 Sess	#00390279

**Continued Next Page** 

# OLDER ADULTS 55+ YRS

#### **MUSIC (CONTINUED)**

#### **INTRODUCTION TO PIANO - INTERGENERATIONAL**

INTRODUCTION TO PIANO - INTERCENERATIONAL					
Apr 9 - Jun 18	05:15PM - 06:00PM	\$78.65/11 Sess	#00390252		
Apr 9 - Jun 18	05:30PM - 06:15PM	\$78.65/11 Sess	#00390281		
Apr 11 - Jun 20	04:00PM - 04:45PM	\$71.50/10 Sess	#00390302		
Apr 11 - Jun 20	04:30PM - 05:15PM	\$71.50/10 Sess	#00390305		
Apr 11 - Jun 20	05:00PM - 05:45PM	\$71.50/10 Sess	#00390303		
Apr 11 - Jun 20	05:30PM - 06:15PM	\$71.50/10 Sess	#00390308		
Apr 12 - Jun 21	10:00AM - 10:45AM	\$78.65/11 Sess	#00390309		
Apr 12 - Jun 21	11:00AM - 11:45AM	\$78.65/11 Sess	#00390311		
Apr 12 - Jun 21	11:00AM - 11:45AM	\$78.65/11 Sess	#00390310		
Apr 12 - Jun 21	12:00PM - 12:45PM	\$78.65/11 Sess	#00390312		
Apr 12 - Jun 21	02:00PM - 02:45PM	\$78.65/11 Sess	#00390315		
Apr 12 - Jun 21	03:00PM - 03:45PM	\$78.65/11 Sess	#00390318		
Apr 13 - Jun 22	01:00PM - 01:45PM	\$78.65/11 Sess	#00390330		
Apr 13 - Jun 22	01:00PM - 01:45PM	\$78.65/11 Sess	#00390327		
Apr 13 - Jun 22	02:00PM - 02:45PM	\$78.65/11 Sess	#00390331		
Apr 13 - Jun 22	02:00PM - 02:45PM	\$78.65/11 Sess	#00390328		
Apr 13 - Jun 22	10:00AM - 10:45AM	\$78.65/11 Sess	#00390321		
Apr 13 - Jun 22	11:00AM - 11:45AM	\$78.65/11 Sess	#00390325		
Apr 13 - Jun 22	11:00AM - 11:45AM	\$78.65/11 Sess	#00390324		
Apr 13 - Jun 22	12:00PM - 12:45PM	\$78.65/11 Sess	#00390326		
	Apr 9 - Jun 18  Apr 11 - Jun 20  Apr 12 - Jun 21  Apr 12 - Jun 22  Apr 13 - Jun 22	Apr 9 - Jun 18	Apr 9 - Jun 18       05:30PM - 06:15PM       \$78.65/11 Sess         Apr 11 - Jun 20       04:00PM - 04:45PM       \$71.50/10 Sess         Apr 11 - Jun 20       04:30PM - 05:15PM       \$71.50/10 Sess         Apr 11 - Jun 20       05:00PM - 05:45PM       \$71.50/10 Sess         Apr 11 - Jun 20       05:30PM - 06:15PM       \$71.50/10 Sess         Apr 12 - Jun 21       10:00AM - 10:45AM       \$78.65/11 Sess         Apr 12 - Jun 21       11:00AM - 11:45AM       \$78.65/11 Sess         Apr 12 - Jun 21       12:00PM - 12:45PM       \$78.65/11 Sess         Apr 12 - Jun 21       02:00PM - 02:45PM       \$78.65/11 Sess         Apr 13 - Jun 22       01:00PM - 01:45PM       \$78.65/11 Sess         Apr 13 - Jun 22       01:00PM - 01:45PM       \$78.65/11 Sess         Apr 13 - Jun 22       02:00PM - 02:45PM       \$78.65/11 Sess         Apr 13 - Jun 22       02:00PM - 02:45PM       \$78.65/11 Sess         Apr 13 - Jun 22       10:00AM - 10:45AM       \$78.65/11 Sess         Apr 13 - Jun 22       11:00AM - 11:45AM       \$78.65/11 Sess         Apr 13 - Jun 22       11:00AM - 11:45AM       \$78.65/11 Sess		



Develop fundamental skills and the confidence necessary to excel in soccer. Throw-ins, dribbling, trapping, passing, goalie skills and more are taught and practiced in exciting, non-competitive games. This program is instructed by Sportball®. For ages 6-12 yrs.

See page 8 for registration details.



#### **FACILITY PASSES**

# 55+ FACILITY PASS Cost: \$18/year | \$4.45 /per drop-in

The City Centre 55+ Facility Pass provides access to the following drop-in activities:

SUN	MON	TUE	WED	THU	SAT
	<b>Karaoke</b> 10:00AM - 1:00PM	Singing Group 10:00AM - 1:00PM		Karaoke (Chinese) 10:30AM - 12:30PM	
	Ballroom Dance 1:00-3:00PM	Chinese Calligraphy (Mandarin) 1:00PM - 3:00PM		Ballroom Dance 1:00-3:00PM	
	Chinese Traditional Dance 2:00PM - 3:30PM	Drama Group (Cantonese) 2:00PM - 4:00PM	Poetry Appreciation* 2:00PM - 4:00PM	Chinese Traditional Dance 2:00PM - 3:30PM	
English Conversation 3:00PM - 4:30PM	Brush Hour 3:00PM - 5:00PM				Tech Help 3:30PM - 5:00PM

<sup>\*</sup>Occurs only on the second Wednesday of the month. No programs on Fridays. Schedule, programs and schedule is subject to change and cancellations.

#### 設施活動卡

Cost: \$18/1年或 | \$4.45/1次

The City Centre 55+ Facility Pass provides access to the following drop-in activities:

SUN	MON	TUE	WED	THU	SAT
	卡拉 <b>OK</b> (英文) 10:00AM-1:00PM	S唱歌聚会 (中文) 10:00AM-1:00PM		卡拉OK (中文) 1030AM-1230PM	
	舞蹈練習 1:00-3:00PM	書法俱樂部 1:00-3:00PM		舞蹈練習 1:00-3:00PM	
	中國傳統舞蹈 2:00-3:30PM	戲劇組 2:00-4:00PM	詩歌朗誦會每個 月第二個星期三 2:00-4:00PM	中國傳統舞蹈 2:00-3:30PM	
英語會話 3:00-4:30PM	創意藝術時光 3:00-5:00PM				技术帮助 3:30pm-5:00pm

<sup>\*</sup>Occurs only on the second Wednesday of the month. No programs on Fridays. Programs and hours are subject to change and/or cancellations.

Have Questions?

Contact Naomi Lee. Seniors Coordinator: 604-204-8574

#### **FACILITY PASSES**

# YOUTH FACILITY PASSES (13-18Y) Cost: Level 1 Pass: FREE | Level 2 Pass: \$7/year

Youth Facility Passes are valid from Sept to June.

SUN	TUE	WED	THU	FRI	SAT
Fitness Centre* 10:00-11:30AM		Fitness Centre* 3:00-4:30PM		Fitness Centre* 3:00-4:30PM	
	Youth Hangout 3:30-5:15PM	Youth Hangout 3:30-6:30PM	Youth Hangout 3:30-6:30PM		Youth Hangout 2:00-6:30PM

<sup>\*</sup>Level 2 Pass required to attend. Must adhere to the fitness times. No Programs on Mondays. Schedule, programs and schedule is subject to change and cancellations.

#### **Youth Hangout**

Join us in the social room to relax, study, enjoy snacks, or play foosball, board games, or Nintendo Switch! Quiet study spaces are also available.

#### **Youth in the Fitness Centre**

Youth (13-18) must complete the Informed Consent, PAR-Q+ form, and, if applicable, a Fitness Centre Orientation. Both the youth and their parent/guardian need to review and sign the forms. Forms and an orientation only need to be completed once for eligibility to exercise at all community centres.

Fitness Centre Orientations are mandatory for youth 13 to 15 years regardless of previous weight training experience. An Orientation is not required for youth 16 to 18 years with previous weight training experience, if noted by the parent/guardian on the Informed Consent Form.



Have Questions?
Contact Kasie Kwok, Youth Development Coordinator: 604-204-8578

#### FITNESS DROP-IN, MEMBERSHIPS & VISIT CARDS

Fitness Drop-In Per V	/isit	Fitness Memberships		
Youth (13-18 yrs) / Ser	nior (55+)	\$5.00	Adult - month	\$59.00
Adult (19-54 yrs)		\$6.90	Adult - 3 months	\$128.00
Yoga		\$8.75	Adult - 6 months	\$219.00
<b>Fitness Visit Cards</b>			Adult - 1 year	\$365.00
Adult - 10 visits		\$55.00	Youth / 55+ - 1 month	\$47.00
Youth / 55+ - 10 visits		\$40.00	Youth / 55+ - 3 months	\$105.00
Note: Visit Cards not valid for yoga			Youth / 55+ - 6 months	\$180.00
Add-On Fees			Youth / 55+ - 1 year	\$300.00
Fitness Add-On*  \$1.00 community centre \$4.80 Watermania and Minoru Centre for Active Living			Family Add-On - 1 Year**	\$300.00
*Fitness Add-On fee will apply when using a valid membership to attend drop-in fitness at a facility other than where the membership was purchased. The Fitness Add-On fee is not valid for Drop-in Yoga.			**Family Add-On must be purch same time as the primary mem holder and must reside in the sa household. For adults only.	bership

#### **CORPORATE FITNESS PROGRAM**

	Regular Adult Rate	Corporate Pass Rate	Total Savings:
1 Year	\$365.00	\$300.00	\$65.00
6 Months	\$219.00	\$180.00	\$39.00
3 Months	\$128.00	\$105.00	\$23.00

Save on 5 or more adult 1-year and/or 6-month. Total Fitness Passes must be purchased at the same time from the same company or organization. Proof of employment with corresponding photo ID is required.

#### **Payment Options:**

- 1.) Group of five individuals to complete the payment and submission of completed registration forms.
- 2.) Individual payment and submission of completed registration form within two weeks of initial registration.

#### **PERSONAL TRAINING**

Improve fitness and wellness with support from a Registered Personal Trainer at City Centre Community Centre. Information upon request at City Centre Fitness Reception or front desk. Group Training: 2-3 friends or family members with similar fitness levels and 1 trainer. Taxes included.

No. Of Sessions	1-On-1 Individual Training	2-3 Group Training
1 (1 hr)	\$64.95	\$97.45
3 (1 hr)	\$185.15	\$277.60
5 (1 hr)	\$292.40	\$438.65
10 (1 hr)	\$552.35	\$828.65
5 (30 mins)	\$154.25	N/A
10 (30 mins)	\$292.40	N/A
20 (30 mins)	\$552.35	N/A

#### For The Safety and Enjoyment of All Participants:

- Review and follow the all Fitness Etiquette and Code of Conduct signage as posted.
- Review the PAR-Q annually or if your condition changes.
- Drop-in fitness classes are on a first-come, first-served basis.
- Tickets available 15 minutes before class start time.
- Arrive on time to class. Latecomers are not permitted 5 minutes past class start time.
- No latecomers will be permitted to yoga.
- Youth 13-15 years old are required to complete a fitness centre orientation.
- Call 604-204-8588 to book an orientation. All are welcome to complete an orientation.
- Youth 13-18 years old are required to submit a Informed Consent and Permission Form for Youth Fitness Centre Access.

#### Personal Training Forms:





#### **DROP-IN GROUP FITNESS & FITNESS CENTRE SCHEDULE**

#### **Fitness Centre Hours:**

Mon - Fri: 6:00AM - 11:00PM • Sat - Sun: 6:00AM - 11:00PM • Holidays: 8:00AM - 8:00PM Fitness Centre hours, Drop-In Group Fitness schedule and instructors are subject to change or cancellation without notice. Hours of operation and class schedule may change or be cancelled on statutory holidays.

SUN	MON	TUE	WED	THU	FRI	SAT
						H.I.I.T. 8:30 –9:15AM
	Power Fit Dance 9:30 -10:30AM		Fit and Functional 9:15 -10:15AM	Core and Cardio 9:30-10:30AM	Total Body Conditioning 10:00-11:00AM	Core and Strength 9:30-10:30AM
Cycle Fit* 11:00-11:45AM	Pure Stretch 10:45-11:30AM	Ball Workout 10:45-11:45AM		Tabata Express 10:45–11:30AM		Yoga 10:45–11:45AM
Yoga 12:00-1:00PM		Cardio and Strength 12:05-12:50PM				
			H.I.I.T. 5:30–6:15PM			
	Cycle Fit* 6:30-7:15PM		Dance Fit 6:30-7:30PM	Power Fit Dance 6:30 -7:30PM	Cycle Fit* 6:45 - 7:30PM	
	Yoga 7:45 –8:45PM		Cycle Fit* 7:00-7:45PM	Yoga 7:45 -8:45PM		

Low Intensity ■ Moderate Intensity ▲ High Intensity

#### 3 Ways to Register:

- richmond.ca/register
- 604-276-4300, Mon Fri, 8:30AM 5:00PM
- In-person at any community facility

Can't attend after registering? Call 604-204-8588 to cancel so others can sign up.

<sup>\*</sup>Registration is required. Registration opens at 6:00AM on the Tuesday one week prior.

#### **FACILITY RENTALS**

#### **BIRTHDAY PARTIES - PACKAGES FOR 1-6 YEARS OLD**

Celebrate your child's special day with us! Now accepting bookings up to 3 months in advance.

For full details, visit www.citycentrecc.ca

#### **Rental Availability:**

Saturday & Sundays from 1:00PM-3:00PM or 4:00PM-6:00pm

**Package A:** Up to 15 children and 30 adults: \$210 + tax **Package B:** Up to 25 children and 50 adults: \$250 + tax

1 Hour Add-On: \$60.00 + tax

#### Packages Include:

- Birthday Party Leader assistance
- 2 hours of Multi-Purpose Room 1 use
- 30 minutes for set up and clean up
- · Generic decorations and room setup
- Sports area, play mats, and ride-on toys
- Face painting by Party Leaders
- Colouring station
- And more!

#### Birthday Party Request Form:





Submit a completed Birthday Party Request Form either in-person or email to CityCentre@richmond.ca



#### **FACILITY RENTALS**

#### **FACILITY ROOM RENTALS**

Find the perfect space for your next meeting or event. Various rooms and rates available.

For full details and rental rates, visit www.citycentrecc.ca

#### **General Booking Information:**

- A "Room Rental Request Form" must be completed, signed and submitted to the Rental Supervisor.
- Bookings are taken on a first come first serve basis.
- Liability insurance is required for all banquet and activity events.
- A \$500 Damage Deposit is required at time of booking for all "Multipurpose Room" bookings.
- Full payment is due at the time of booking.
- A minimum of 2 weeks notice is required for new bookings.
- · Rental fees include tables and chairs.
- · A Commissionaire will be on site for large rentals.
- Renters are responsible for setup and takedown.

**Cancellations:** Must be requested in writing a minimum of 3 week prior to the booking date. No refund are given if less than 3 weeks notice is given.

#### Rental Request Form:





Have Questions?
Contact: CityCentre@richmond.ca or 604-204-8588

#### CITY CENTRE COMMUNITY ASSOCIATION BOARD & COMMITTEE VOLUNTEER OPPORTUNTIES

Share your passion, contribute your expertise, and make a difference in your community.

Scan Here:



citycentrecc.ca

Seeking volunteers for the following areas:

- Board
- Finance
- Fitness
- Programs, Events, Marketing & Outreach (P.E.M.O.)





#### HOME, IN THE HEART OF THE CITY

For program details and more information, visit our website! www.citycentrecc.ca





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